

Rainbow Hill House Menu

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Range of cereals, toast, crumpets, porridge etc.	Range of cereals, toast, crumpets, porridge etc.	Range of cereals, toast, crumpets, porridge etc.	Range of cereals, toast, crumpets, porridge etc.	Range of cereals, toast, crumpets, porridge etc.
Snack	Milk; range of fruit, vegetables & crackers/breadsticks etc.	Milk; range of fruit, vegetables & crackers/breadsticks etc.	Milk; range of fruit, vegetables & crackers/breadsticks etc.	Milk; range of fruit, vegetables & crackers/breadsticks etc.	Milk; range of fruit, vegetables & crackers/breadsticks etc.
Lunch	Cheesy Tuna Pasta Bake	Creamy Mushroom Stroganoff with Rice	Mixed Bean Taco's with Garlic Flatbread	Broccoli, Cheese & Lentil Cottage Pie	Baked Salmon with Peas & Mashed Potatoes
Dessert	Mango	Pear	Grapefruit	Plum	Mixed Berries
Snack	Milk; range of fruit, vegetables & crackers/breadsticks etc.	Milk; range of fruit, vegetables & crackers/breadsticks etc.	Milk; range of fruit, vegetables & crackers/breadsticks etc.	Milk; range of fruit, vegetables & crackers/breadsticks etc.	Milk; range of fruit, vegetables & crackers/breadsticks etc.
Tea	Stewed Lentils with Vegetables & Soft Brown Bread	Chicken Chow Mein	Courgette Pie Topped with Melted Cheese	Spaghetti & Meatballs in Tomato Sauce	Mixed Vegetable Soup
Dessert	Banana & Strawberry Smoothie	Fruit Salad	Banana's & Custard	Raisin Sponge Cake	Apple & Oat Crumble