

Rainbow Hill House Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Range of cereals, toast, crumpets, porridge etc.	Range of cereals, toast, crumpets, porridge etc.	Range of cereals, toast, crumpets, porridge etc.	Range of cereals, toast, crumpets, porridge etc.	Range of cereals, toast, crumpets, porridge etc.
Snack	Milk; range of fruit, vegetables & crackers/breadsticks etc.	Milk; range of fruit, vegetables & crackers/breadsticks etc.	Milk; range of fruit, vegetables & crackers/breadsticks etc.	Milk; range of fruit, vegetables & crackers/breadsticks etc.	Milk; range of fruit, vegetables & crackers/breadsticks etc.
Lunch	Fantastic Fish Pie	Daal with Rice & Crispy Cubed Potatoes	Tangy Tomato Soup with Halloumi & Brown Bread	Lasagne with Fresh Vegetables	Veggies Koftas with Pitta Bread & Salad
Dessert	Apple	Clementine	Fruit Kebab	Papaya	Mixed Grapes
Snack	Milk; range of fruit, vegetables & crackers/breadsticks etc.	Milk; range of fruit, vegetables & crackers/breadsticks etc.	Milk; range of fruit, vegetables & crackers/breadsticks etc.	Milk; range of fruit, vegetables & crackers/breadsticks etc.	Milk; range of fruit, vegetables & crackers/breadsticks etc.
Tea	Rainbow Pizza	Cowboy Pie	Baked Potatoes with Tuna & Sweet Corn	Spinach & Chickpea Couscous	Mixed Bean & Tomato Gnocchi
Dessert	Banana Muffin	Fromage Frais	Fruity Flapjack	Raisin & Oat Cookies	Chocolate Brownie with Custard